## Realizing viemex... Digital Capture, Storage, and Utilization of All Personal Information www.MyLifeBits.com Gordon Bell, Jim Gemmell, Roger Lueder <br> Microsoft

## MyLifeBits Manifesto

- Digital information cost to store, transmit and replicate is negligible
- An individual's digital information is accumulating rapidly
- The information about an individual, including what one heard, said, and saw, will have a superlinear value that exceeds acquisition \& retention cost.
- to supplement human memory
- to free one's life from clutter
- to enable digital immortality
- to enable information technology to help the individual in other ways
- Individuals must take on the responsibility for recording, managing and retaining the increasing number of evolving digital information streams i.e. computers, phones, IPTV, health sensors and legacy physical bits.
- Nothing should be deleted
- Software companies should provide a unified store for anywhere, anytime access while satisfying privacy, sharing, management, and retention needs.


## Outline: past \& future

1. Capturing a life's bits... then finding them
2. MyLifeBits aka Memex using a database
a) How do we use MyLifeBits?
b) How is it built?
c) Size, shape, and evolution of the database?
3. Transaction Processing Dbase aka CARPE Continuous archiving and recording of personal experiences
a) SenseCam and other real time capture?
b) Relevance for devices and software?
4. Personal Health Records...
5. Those bits are now EVERYWHERE!


Ambience and Presence:
Being there while being here


Dining at home on the "Orient Express"

History: The remote worker rediscovers the PERSONAL computer


## Oct 1998



1999 - Scanning starts in earnest "we" start to scan, put content into folders \& files



## Now that it's in Cyberspace

How do you remember the 30,000+ file names?
Or in which of 2500 folders they live?
What's about a tool for finding stuff?


## Jan 2001 CACM "A Personal Digital Store"

- 16 GB; +2/yr
- A good place to stop
- Began search for search engines, especially for email.
- Jim suggests that we build a system that would be easier to use and have many more capabilities.


## Gordon Bell <br> Finding a place to efficiently store all of one's digital materials. DIGITAL STORE

| yberAll ' is a project to encode, sore, |
| :--- | :--- |
| and allow easy retriexal of all of a per-- | \left\lvert\, \(\begin{aligned} \& heretofore would be phys cally sored, computer <br>

\& manuals, and magazines. At present, books are in\end{aligned}\right.\) son's information for personal and professional use. The archive
includes books, $C D s$, correspon includes books, CDs, correspon
dence (such as letters, memos, and dence (such as letters, memos, and email), transactions, papers, photos and albums, and
video. In 2000 , only 16 gigabytes are required to store all the media in my personal and professional life-at a cost of $\$ 160$ for disk storae. Two gigatytes
are expected to be added next per. Encoding indexare expected to be added next year. Encoding, index-
ing, and data-management coss far exceed the storing. and data-management coss far exceed the stor age expense The challenge is
capture, search, and her become e-books ${ }^{2}$ Within the next decade personal computers will he capable of storing a terabyte of information on sdividual machine. In $2000,40 \mathrm{~GB}$ drives costin 5400 are more than adequate to hold the content for nost of a professional's lifetime reading presenta ions, and audio recordings. A CD encoded at  $\qquad$ age space than puter-generated and scann Paper files.
Ill we next phase of Cyber-
 interviews, meetings, and presentadons Recording peech from ones personal and pro8 Kbp 5 )-but only a modest 25 GB /year. Video is even more challenging. For home use, a terabyte
holds 500 hours of DVD quality video and 1500

## 2001 Capture goes beyond paper




## Re-discovery of Memex

As We May Think, Vannevar Bush, 1945
"A memex is a device in which an individual stores all his books, records, and communications, and which is mechanized so that it may be consulted with exceeding speed and flexibility"

- Full-text search, text \& audio annotations, and hyperlinks



## Feb 2005

## Epiphany!

Memex is a database

$$
\stackrel{\&}{\text { personal TP system }}
$$

## Steve Mann timeline




Figure 1. A volunteer wearing the lowvision aid. (photo courtesy of Ryland Bryant)

"I sensed"
Clarkson MIT c2001

Visually impaired UW 2004

## 2003 - SenseCam




## SenseCam around Cambridge



## Demo Clips \& Screens








## MyLifeBits Software

## Everything geas in a database

- MyLlfeBits nee (Consistency, Indexi Replication)
- If we didn't use
- Files as blobs;
- We are part of $J$



## MyLifeBits Software



# The Shape \& Size of Gordon Bell's LifeBits January 2008 







| Storage | Requirem <br> amount per day | nents <br> per day <br> (Mbytes) | c2008 <br> per month (Gbytes) | 82 year lifetime (TB) |
| :---: | :---: | :---: | :---: | :---: |
| Email @ 33 KB w/ saved attach | 200 | 6.6 | 0.20 | 0.20 |
| Office docs @0.1 | 5 | 0.5 | 0.02 | 0.02 |
| PDF \& Tiff @1.8 MB 20 pp | 3 | 5.4 | 0.16 | 0.16 |
| Web pages @0.09 MB | 200 | 18 | 0.55 | 0.55 |
| Songs 4 MB | 1 | 4 | 0.12 | 0.12 |
| Photos @1 MB | 10 | 10 | 0.30 | 0.30 |
|  |  |  |  | 1.35 |
| SenseCam |  | 40 | 1.2 | 1.2 |
| SenseCam event/20 days --40 MB | 0.05 | 2 | 0.06 | 0.06 |
| Personal Video (10 Min event / 20 d ) | 0.05 | 16.12 | 0.49 | 0.49 |
| Phone Capture 8KB/sec | 30 min . | 1.8 | 0.05 | 0.05 |
| Stereo Audio 44 KHz | 1 hr | 28.5 | 0.87 | 0.87 |
| Sub-total, practical capture... |  | $\underline{92.93}$ | 2.82 | 2.82 |
| Capture Everything |  |  |  |  |
| Phone quality capture ( $1 \mathrm{~KB} / \mathrm{sec}$ ) | 10 hr | 36 | 1.09 | 1.09 |
| Quality audio record $8 \mathrm{~KB} / \mathrm{sec}$ | 10 hr | 285 | 8.66 |  |
| Video 200KB/sec | 10 hr | 900 | 27.36 | 27 |
| Video . 5 GB/hr | 10 hr | 5000 | 152 | 152 |
| DVD Video 4.3 Mbps | 1 hr | 1935 | 58.82 | 58.82 |

## The "killer app"... Health?



GRAHKM ASHIR M. D.

 Hzeirit mpital.


The maifent p-8 interml atung







mitionel,
aprometer










## Capturing every heartbeat

- 72.6 beats/min; 38.16 Million beats/year
- 3.13 billion beats year
- The important number is 4-4.5 years, or ETS
- Battery life: the expected trip to surgery!

| Event Counts |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Rate (ppm) | PV | PR | AV | AR | PVE |
| 30-54 | 411.860 | 4 | 28,630 | 1 | 0 |
| 55-69 | 6.824,410 | 195 | 4,614 | 3,609 | 12 |
| 70-89 | 8,113,024 | 1,359 | 0 | 0 | 274 |
| 90-109 | 2,516,074 | 524 | 0 | 0 | 386 |
| 110-129 | 451,814 | 212 | 0 | 0 | 180 |
| 130-149 | 12,599 | 104 | 0 | 0 | 114 |
| 150-179 | 292 | 46 | 0 | 0 | 112 |
| 180-224 | 0 | 1 | 0 | 0 | 6 |
| 225-249 | 0 | 2 | 0 | 0 | 2 |
| > 250 | 0 | 0 | 0 | 0 | 3 |
| Total: | 18,330,073 | 2,447 | 33,244 | 3,610 | 1,089 |
| Total Event Coun |  |  | 18,370,463 |  |  |







(8) University of Pittsburgh

## PHR Schema MyHealthBits



## (0) University of Pittsburgh

## Record View



## () University of Pittsburgh

## Defining Timeframe



## Preview


(0) University of Pittsburgh

## Preview: web page



## VHA Health Informatics

- VHA: largest standardized electronic medical records system in US.
- Design, populate and tune a ~20 TB Data Warehouse and Analytics environment
- Evaluate population health and treatment outcomes,
- Support epidemiological studies
- $\mathbf{7}$ million enrollees
- 5 million patients
- Example Milestones:
- 1 Billionth Vital Sign loaded in April '06
-30-minutes to population-wide obesity analysis (next slide)
- Discovered seasonality in blood pressure -- NEJM fall \{iNe-c

VHA Corporate Data Warehouse Visual Architecture



## HDR Vitals Based Body Mass Index Calculation on VHA FY04 Population

Source: VHA Corporate Data Warehouse


## Total Recall of everything in a home; Deb Roy



Figure 1. Ubiquitous home senor layout.


## Challenges

- "Dear Appy": Monitoring and automatic migration of files that are unlikely to be understood on future platforms ... automatic platform migration.
- Going beyond a PC to a distributed environment
- Expanding network: PC > LANs > web > p2p(eer) > CPSD
- Into the cloud. Especially for blogs, social sites, etc.
- Periphery... smart buildings, smart buildings, ... objects
- Servers \& Management: Backup, migration, and caching
- Security, privacy, ownership, discoverability, deniability, forgetfulness, and expungability
- CARPE-continuous archival recording of personal experiences (real time data capture)
- SenseCam, health transducers, phone calls, rooms, etc.
- Degree to which your life logs are made blogs.


## ...More challenges for computing

- Computer needs to understand-- recognize people in photos and videos; translate speech to text
- Schema sharing among disparate systems
- Schema and extensions for new applications e.g. org charts, family relationships.
- Creation of file organization and automatic filing
- Get What I Need: GWIN...Endless evolutionary search improvements: misspellings, stemming, etc
- Versioning: never over-write an item, file,... field
- Scaling.. Decades to terabytes. What happens
- "Cloaking" as a way to eliminate clutter
- Commenting on everything using voice, text, file
- Vibe

www.MyLifeBits.com

